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MEN'S BASKETBALL

WINNING | Wildcats step up defense against Missouri

Continued from page 1

and in the two schools' last scheduled meeting, as Missouri will be departing for the Southeastern Conference in 2012-13.

Rodney McGruder played aggressively on offense, hitting all eight of his free throws that accounted for a third of his 24 points against the Tigers.

"I was getting good looks and making my shots," McGruder said after the game.

Jamar Samuels nearly posted his sixth double-double of the season with his nine points and 10 rebounds.

Jordan Henriquez made his presence felt in the paint with four blocks and Thomas Gipson brought 13 points off of 6-of-7 from the field.

"I think their length does bother

"That's a credit to our kids. They are taking so much pride in all the work that we do to build our defensive techniques and concepts. That allows us to spend a little more time on the offensive side of the ball to try and clean that up."

Frank Martin
head coach

us and the way they play the game," said Missouri head coach Frank Haith. "I felt like when teams are aggressive, you got to math their physicality, you got to be aggressive back to them."

Will Spradling, Angel Rodriguez and Martavious Irving all added to the Wildcats' balanced attack with eight, seven and seven points each, respectively.

"It had to be because Missouri is really good," Martin said of the Wildcats' balanced offense. "We needed to play as a unit, and we did."

The game started off back and forth until the Wildcats went on an 8-0 run to go up 19-16.

The Wildcats continued to defend and extend the lead, eventually taking an 11-point lead off of Samuel's 3-point shot off the glass.

Missouri senior Marcus Denmon struggled from the field, hitting two of his eight shots in the first half, but he found his stroke in the second half.

Denmon and Michael Dixon led the Tiger offensive attack with 19 and 21 points apiece.

Missouri's Kim English and



File Photo by Logan M. Jones | Collegian

Wildcat guard **Martavious Irving** pushes the ball up court during a game earlier this season. After winning a resume-boosting game against Baylor on Saturday, K-State played and defeated No. 3 ranked Missouri in Columbia on Tuesday.

Steve Moore both fouled out of the game with a combined nine points, more than eight points lower than their combined average.

The Wildcats' defense held the Tigers to 23 of 60 (.383) from the field for the game.

"That's a credit to our kids," Martin said of his team's defense. "They are taking so much pride in all the work that we do to build our defensive techniques and concepts. That allows us to spend a little more time on the offensive side of the ball to try and clean that up."

The offense for the Wildcats ran efficiently, with a .538 shooting percentage from the field that included hitting 6-of-9 from 3-point range.

"I think 68 points is enough to win a game," Denmon said when

asked about the Tigers' shooting struggles. "We just have to guard."

Missouri's Phil Pressey struggled the entire game with his eight points off of 3-of-11 from the field.

Rodriguez hit a three to come out of halftime and K-State continued to build its lead, getting it to 16 off a McGruder layup until a quick 5-0 run by the Tigers prompted a timeout from Martin.

English hit a 3-pointer to cut the Wildcat lead to three but the Wildcats responded accordingly with a three of their own from McGruder. Rodriguez followed up another McGruder jumper and hit an acrobatic layup to bring the Wildcat lead back to eight.

The Tigers continued to fight and eventually slimmed the Wildcat lead down to four and kept it close until a four-point spurt from

the Wildcats gave them the distance they needed to come away with a win.

"We just stepped it up big on defense," McGruder said. "They made runs but we just had to retaliate every time."

The Wildcats now have the rest of the week to prepare for the chance to even the season series with the Iowa State Cyclones, who they take on Saturday. The Cyclones erased a double digit deficit against the Wildcats in their last meeting on Jan. 31 when they defeated the Wildcats 72-70.

The Tigers lost their tie with KU at the top of the Big 12 Conference standings and will look to get themselves back in a tie with the Jayhawks on Saturday when they travel to Lawrence for the two schools' final scheduled meeting.

WOMEN'S BASKETBALL

Wildcats to finish up February home games against Oklahoma State Cowgirls after big win versus Texas

Kelly McHugh
sports editor

The K-State women's basketball team will host the Oklahoma State Cowgirls tonight at 7 p.m. in Bramlage Coliseum.

The first time the two teams met up in Stillwater, Okla., the Wildcats (17-9, 8-6 Big 12) came away with the win as they defeated the Cowgirls 67-56.

While K-State will be going into tonight's game with confidence after a 20-point win over Texas, Oklahoma State (13-10, 5-9 Big 12) is on the other side of that luck, going into tonight's game while on a three-game losing skid.

Despite the fact the first time the Wildcats took on the Cowgirls they came home with a win, junior guard Brittany Chambers says her team does not take this game lightly.

"I think the first time we got hot really early, we had a huge run in the first half," Chambers said. "I think that that made the whole game easier; but going into this game we can't assume it's going to be that kind of game. They're a really, really tough team, and I think that they have more to show than they did in that first time and we

just got to be ready."

The Wildcats will need to keep an eye on sophomore guard Tiffany Bias, who, with an average of 11.7 points this season, came away from the last

last Saturday, and senior guard Tasha Dickey said she expects the defensive effort to be in full effect for tonight's game.

"I think for this team our defense

"We've got four more games in the Big 12, and then Big 12 tournament, and we're trying to get to that 20th win, that's a huge mark for us. We're trying to hold on to that third, fourth [place] position, I think that if we come in with a confident mindset, and really play like we have been playing, that'll be great."

Brittany Chambers
junior guard

matchup against K-State with 21 points. If given the open look, Bias will capitalize on taking shots.

"We've got to play transition defense," Chambers said. "They love to run, they're looking to run, and they can shoot. And so if we don't get down the court they're going to get wide-open looks."

K-State's strong defense played a key role in their success overcoming Texas

dictates how we do on offense," Dickey said. "In the past we've struggled to score on offense, so if we can hold the other team defensively then maybe we can get our score and a chance to keep going."

Chambers recorded a double-double during the Wildcat's last contest against Oklahoma State with a game-high 29 points and 10 rebounds, and Dickey also had a strong showing with

15 points and eight rebounds.

While the first time the two teams matched up they were new to each other, Oklahoma State will come out knowing the strengths of Chambers and Dickey.

Dickey says the second time you play a team can often produce its challenges.

"It's a lot harder, you know, because, of course, the first time they don't really know about you," Dickey said. "Second time you go in there and they kind of know your strengths and weaknesses. It's going to be tough, but I think we'll be able to do it."

Tonight's game will be the last home game for the Wildcats during the month of February, and it will be an important game for K-State as they look toward their Big 12 Conference season coming to an end.

"We've got four more games in the Big 12, and then Big 12 tournament," Chambers said, "and we're trying to get to that 20th win, that's a huge mark for us. We're trying to hold on to that third, fourth [place] position, I think that if we come in with a confident mindset, and really play like we have been playing, that'll be great."

FOOTBALL

Coaches promoted, hired for new season

Corry Hostetler
staff writer

Head coach Bill Snyder and the K-State football team finalized its 2012 coaching staff last week with the promotion of two coaches and hiring of another.

Tom Hayes will take over as defensive coordinator, Joe Bob Clements as defensive run game coordinator and newly hired Mike Cox as linebackers coach.

Hayes will be entering his second year on the K-State staff after serving as the secondary coach and defensive pass game coordinator last season. He is taking over as defensive coordinator for Chris Cosh, who recently accepted the same position at South Florida.

Last season, Hayes was in charge of a unit that featured Nigel Malone, who led the Big 12 Conference with seven interceptions and was named a Walter Camp All-American. Along with Malone, the secondary also featured David Garrett, Tysyn Hartman and Ty Zimmerman, each earning Big 12 honors for their respective positions.

"Coach Hayes had a significant role in the continued improvement of our defense and brings a great deal of experience to the program," Snyder said in an interview with K-State Sports.

Hayes, a graduate from the University of Iowa, has 30 years of coaching experience, including time spent at three Bowl Championship Series schools as well as with the New Orleans Saints and Washington Redskins of the NFL.

Former K-State player Joe Bob Clements, who is entering his 11th season on the coaching staff, will take over the title of defensive run game coordinator in addition to his usual duties as defensive ends coach, a position he has held since 2003. Last season, he mentored defensive end Meshak Williams to all-Big 12 honors as the K-State run defense significantly improved from the year before, finishing fourth in the conference in rush defense.

"Coach Clements has been a loyal and highly competent member of our program for many years and is more than deserving of this advancement," Snyder said.

Clements played defensive end for coach Snyder and the Wildcats in the late 1990s, originally joining the team as a walk-on before earning a scholarship prior to the 1996 season. He graduated from K-State in 1999 and joined Snyder's staff in the same year.

The newest member to the coaching staff, Mike Cox, takes over as linebackers coach after spending the last three seasons holding the same position at the University of Washington. Prior to that, he spent two seasons coaching the secondary and linebackers for the NFL's St. Louis Rams. He has also spent time during his career coaching at Michigan State, Louisville, Utah State and Idaho.

"Mike brings experience and knowledge as well as the appropriate intrinsic values to our program," Snyder said. "Our players will have a great appreciation for him."

Cox spent his playing career from 1983-1986 at the University of Idaho, starting as linebacker for three of those seasons. He is still one of the schools' all-time defensive leaders, recording 252 tackles during his career.

The coaching moves set the 14-man coaching staff in place as the Wildcats prepare for spring practice, which begins on April 4, with this year's Spring Game scheduled for April 28.

MEN'S GOLF

Team finishes ninth at Rice Intercollegiate, next stop: California

Corry Hostetler
staff writer

The K-State men's golf team traveled to the Westwood Golf Club near Houston for the Rice Intercollegiate on Monday and Tuesday. The team came away from the tournament with a ninth place overall finish out of 15 teams, carding a total score of 21-over-par 885.

The tournament began on Monday much the same as it did at last week's UTSA Invitational. The Wildcats were slow out of the gate, totaling a first-round score of 13-over-par 288 to put them into a tie for 13th overall heading into Monday

afternoon's second round.

That round, for the second week in a row, saw K-State's score improve dramatically from the opening round, as the Wildcat golfers shot 10 strokes better to score a 3-over-par 291. They finished play Monday tied for ninth place with Texas State.

"We had a good turnaround, a 10-shot improvement," head coach Tim Norris said. "There are a lot of shots we could have saved, two or three swings with the club would have created a three, four or five-shot difference. Those are mistakes we have to fix."

In Tuesday's final round, the Wildcats weren't quite able

"We had a good turnaround, a 10-shot improvement. There are a lot of shots we could have saved, two or three swings with the club would have created a three, four or five-shot difference. Those are mistakes we have to fix."

Tim Norris
head coach

to match their second-round success and finished the round with a team score of 5-over-par 293. After entering the round tied with Texas State, K-State was narrowly edged by the

Bobcats, who shot one stroke better to finish in eighth place while the Wildcats came in ninth. First place in the tournament went to the Northwestern Wildcats, who had a 54-hole

score of 2-under-par 862.

From an individual standpoint, K-State was led by sophomore David Klaudt, who set new career bests for himself with a 54-hole score of 1-over-par 217 and a tie for 10th place overall.

"I was extremely pleased with David Klaudt's performance," Norris said. "I am looking for some real good things out of David. It is good to see his hard work paying off."

Team captains Kyle Smell and Curtis Yonke finished tied for 24th place overall, each carding a 3-round score of 5-over-par 221. Freshman Kyle Weldon shot a 10-over-par 226

to tie for 52nd overall. Tyler Norris, son of head coach Tim Norris, made his spring debut for the Wildcats, coming in 81st overall with a total score of 33-over-par 249.

Two players finished in a tie for first place overall as Eric Chun of Northwestern University and Zachary Fullerton of New Mexico State University each finished with a total score of 6-under-par 210.

After getting next week off, the K-State golfers look to continue to improve upon this week's success on March 5-6, when they travel to Fresno, Calif., to compete in the Fresno State Classic.

Stress relief found in various forms, including music, food

Yoga, breathing techniques an easy way for students to relax.

Kelsey Castanon
managing editor

As the semester picks up, so has the level of homework assignments, tests and social obligations - and stress is often a coinciding result. But there are many ways to handle anxieties, should you so choose to slow down enough to try them.

A common and easy way to relieve stress is through exercise.

Dianna Schalles, nutritionist at Lafene Health Center, said there are multiple reasons physical activity helps manage daily stresses, including that it "stimulates brain neurotransmitters that help mediate our moods and emotions."

She also attributed yoga as a great stress alleviator.

"Numerous studies confirm that people who do yoga feel less stressed and are better able to handle highly stressful situations," Schalles said.

In a 2010 study by Boston University School of Medicine, published in the Journal of Alternative and Complementary Medicine, individuals were asked to participate in a one-hour yoga session while monitoring their levels of GABA (gamma aminobutyric acid), an "anti-anxiety" chemical that our brains produce naturally. Researchers found that in that one-hour period, levels of the "anti-anxiety" brain chemical increased by 27 percent.

However, yoga can also be a way to take your mind off things.

"Yoga does help relieve stress," Kelsey Hixson-Bowles, senior in English, said. "There is a meditative component to yoga, where you practice being in the moment and not thinking about anything else. Clear-



Photo Illustration by Tommy Theis | Collegian

Eating sensibly is an effective way to relieve stress and decrease irritability, said Dianna Schalles, nutritionist at Lafene Health Center. Listening to music is also a way to reduce emotional distress.

ing my mind like this is an escape from to-do lists and deadlines."

Because yoga does not necessarily tire people out, Hixson-Bowles said it does more than make people relax; it helps rejuvenate them.

But improving your mood and reducing stress doesn't have to rely on exercise alone. Erik Wray, senior in social work, was just introduced to a new method of stress relief that requires little movement at all.

"We had a biofeedback therapist come talk to our class [Social Work in Practice 2] about breathing

techniques," Wray said. "We tried it in class. It really works. It was cool."

"We had a biofeedback therapist come talk to our class about breathing techniques."

Erik Wray
senior in social work

The therapist, Cheryl Harper, explained some of the techniques to students,

which included belly breathing and dragon breath.

Belly breathing involves deep breaths through the stomach rather than the chest. Dragon breath is the action of letting out a big, loud sigh when breathing out.

The movements are intended to slow down breathing and clear the mind.

"They are supposed to release tension and stress," Wray said. "Doing the belly breathing one felt funny at first but it's easy once you get it."

He added that he noticed the difference in his stress levels immediately.

Another method in decreasing tensions could be listening to music. According to a March 8, 2007, article "The Power of Music to Reduce Stress," by Jane Collingwood on *psychcentral.com*, music reduces emotional distress and helps relieve depression - especially classical music. This is also done through music therapy. The article reported that music therapy allows people to identify their stresses by expressing them through sound.

Even something as simple as food can play a factor in reducing stress. In fact, Schalles said nothing is

as effective as being conscientious of what is on your plate.

"There is no stress formula that is better than eating sensibly," Schalles said.

She said good nutrition helps the body handle stress by improving immune function and mood, which decreases irritability. Eating well also enhances cognitive ability to work through problems.

Whether it's breathing techniques, yoga or eating right, there are numerous ways that help kick stress out the door and replace it with relaxation.

New director, special effects fail to revive character in sequel



Photo courtesy of Sony Pictures

"Ghost Rider: Spirit of Vengeance"

☆☆☆☆

Movie review by Tyler Brown

Debuting this past weekend to pessimistic fan expectations was the sequel/

re-envisioning, "Ghost Rider: Spirit of Vengeance." The original "Ghost Rider" movie debuted in 2007 from the now disliked director, Mark Steven Johnson. It suffered from bad writing, ham-fisted acting and special effects that made Ghost Rider's skull look like a plastic Halloween decoration.

This new incarnation

keeps Nicolas Cage as protagonist Johnny Blaze, gets rid of Johnson in favor of Mark Neveldine and Brian Taylor, directors of the "Crank" movies, and ups the ante for special effects when it comes to the (Ghost) Rider. One would think that the second and third improvements I listed would benefit "Ghost Rider: Spirit of Vengeance," but it can't overcome some of the detriments that took root in the character's first go-around that I mentioned above.

For this requel, the story is simple and somewhat familiar (think "The Omen" and "Rosemary's Baby"): the devil, a man called Roarke, needs a new host and is after a young boy, Danny, to take as his new host. The one thing that sets this film apart from the classics is its flame-skulled protagonist, hell-bent on stopping the deal from going down; and that's what the plot all comes down to, deals that were made between Roarke and other characters.

Cage turns in another

slow-paced performance where his melancholic delivery leaves much to be desired. Sure, he has some quirky lines as Johnny, who likes to crack a joke instead of have a serious moment, but the in-betweens make it seem like he doesn't really care. Interestingly, Cage also did all of the motion-capture acting for The Rider which results in a creepy, predatory portrayal of the demon-infused Blaze; although interesting, there was a scenes in which I wanted the Rider to do something instead of standing around, swaying.

For the supporting cast, Idris Elba is entertaining as the wine-swiggling rogue monk, Moreau, who wants to help Johnny, but only in return for Blaze protecting the boy. Roarke, played by veteran Ciarán Hinds, was a stereotypical big, bad boss. Fergus Riordan as Danny didn't exactly break the stereotype of boring child actors. Adding to that, Violante Placido as Danny's mother, Nadya, didn't have much to do except stand

around and look pretty. Sadly, Johnny Whitworth, who plays Roarke's henchman Carrigan and is later turned into the supernaturally villainous Blackout, was one of the only ones besides Elba that seemed to care and have fun with his role.

As "Ghost Rider: SOV" was filmed in eastern Europe on mountain roads, sprawling rocky landscapes or deep in a quarry, it isn't hard to tell where a lot of the budget went to - the special effects department. The Rider's leather clothing is now charred and bubbles like oil, his skull is burnt and blackened, and both his skull and the wheels of his motorcycle have flames that billow an acrid, black smoke. Another notable effect is Blackout's ability to rot anything he touches - wood, metal or flesh.

Although the effects are revved up and the action scenes especially well-shot and exciting, the latter is sparsely populated throughout the film and I found myself on the brink of falling

asleep due to some scenes' struggles to keep my attention.

As a fan of the character, I'm sad to report that "Ghost Rider: Spirit of Vengeance" doesn't exactly break the mold of banality that was cast by the 2007 original. Although a few aspects are enhanced, the film can't help but trip over badly-paced, awkward, dialogue-heavy scenes.

A biker with a fiery skull using the forces of evil for good can make for a great story, it's just that this attempt, and its predecessor, succeed at visually capturing the character while utterly failing to translate what makes it interesting. For now, I'd suggest ignoring both of these movies, reading Jason Aaron's run on the "Ghost Rider" comic and hoping that there's hope of a rebooted, re-cast adaptation of that particular selection of source material.

Tyler Brown is a senior in English. Please send all comments to edge@kstatecollegian.com.

Multitasking less efficient than most college students believe

Brian Hampel
staff writer

We are a generation of multitaskers. We are constantly surrounded by media devices of all sorts, and we've gotten accustomed to letting information wash over us constantly. Despite all of our multitasking, a 2009 Stanford study headed by Clifford Nass found that the more we multitask, the worse we become at multitasking.

Researchers surveyed students with questionnaires about their multitasking habits, asking how often they might have TV, video games, print, music, web browsing or other media choices in front of them at any given time. Then they selected students who were high multitaskers, with an average of four or more activities at once, and students who were low multitaskers, with an average of 1.5 simultaneous activities or fewer.

The students were given tasks that required them to bounce from one type of problem to another rather quickly.

One problem might be adding numbers, followed by a color problem, then a word problem, etc. The researchers expected the high multitaskers to outperform the low multitaskers, or at least to answer the questions more quickly, but in fact, the opposite was true, and the high multitaskers were slowed down by each change in subject matter.

For one, it is worth noting that the human brain doesn't literally multitask. Neuroscientist Jordan Grafman was quoted by Claudia Wallis in a March 27, 2006, Time article titled, "The Multitasking Generation," saying, "You're doing more than one thing, but you're ordering them and deciding which one to do at any one time."

The human brain is analogous to a computer processor. Computers don't run multiple operations at once, even though we might have Word, Firefox and iTunes running at the same time. Instead, they jump between tasks thousands of times per second, and we can't quite keep up, so it seems like they are doing

many things at once.

Our brains work in much the same way. We don't truly keep track of multiple activities at once; we jump back and forth between tasks and later congratulate ourselves for having high-omnipotent multitasking powers.

Another part of the Stanford study had the students

"I feel like [multitasking] hurts any individual task, but overall, you get more done."

Parker Hall
freshman in architectural engineering

view a group of blue and red rectangles on a screen. The screen would go blank for a few seconds, then the rectangles would reappear slightly differently arranged, and the students were to identify any of the red rectangles, and only the red ones, that had moved.

The researchers had predicted that the high multitaskers would be able to outperform the low multitaskers, assuming that the high multitaskers could filter out the irrelevant blue rectangles, but the low multitaskers won again. It seemed that the high multitaskers couldn't help but think about the blue rectangles, even knowing that they were irrelevant.

This pointed to another fact about multitasking: When we multitask, our brains are often drifting to the activities other than the ones we are focusing on at any given instant. In other words, we are constantly thinking about the greener grass on the other side of the fence. Perhaps we enjoy multitasking so much not because it helps us accomplish things, but because it constantly rewards us by giving us new opportunities to move to the "greener" grass and absorb information in short, green bursts.

This reporter camped out in Hale Library for half an hour polling everyone who walked by, and even when

told that multitasking could be bad for them, all of the students still said they were regular multitaskers.

"Of course I multitask," said Braden Hyneck, junior in athletic training. "I'm a college student."

We are constantly looking for more and more information for ourselves, and most of the students mentioned modern technology as a key tool in our hunt for information.

Michael Williams, junior in finance, gave blame/credit to computers, saying, "We always have so many web pages open telling us what to do."

Jocelyn Clemons, junior in agricultural technology management, said she was so used to constantly glancing at Twitter on her phone during class that she couldn't always "piece together the important information in lectures."

The advent of the computer made it possible for us to access an unbelievably immense and constantly growing library of information in a matter of seconds, MP3

players freed us from the notion that we should ever be without any form of media for more than a few minutes, cellphones put our social lives into portable containers and now smartphones can do all of the above from the comfort of our pockets. However, this study suggests that our hunger for more information is actually bad for understanding that information.

If our multitasking hurts our understanding, it begs the question: Why do we still multitask? The consensus among the students in Hale was an issue of quality and quantity.

"I feel like [multitasking] hurts any individual task, but overall, you get more done," said Parker Hall, freshman in architectural engineering.

This illustrates another point: Multitasking feels productive. Even if it's detrimental to our efficiency, we will probably continue to multitask because, as Nass told CBS, "High multitaskers just love more and more information. Their greatest thrill is to get more."

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kansas state collegian

page 5

LET'S RENT

105

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FIVE, FOUR, three, two and one-bedroom apartments and houses for rent. June through May leases. Washer/ dryer. Call 785-587-5731.

110

Rent-Apt. Unfurnished

1203 THURSTON. TWO-BEDROOM, one bath. Close to K-State and Aggieville. **NEWER CONSTRUCTION.** All appliances including washer/ dryer. **\$825-900.** No pets/ smoking. June lease. TNT Rentals 785-539-0549. **Open house** Tuesdays and Wednesdays 3:00-3:30.

1209 BERTRAND. Large **one-bedroom** luxury apartments. Close to K-State and Aggieville. **NEWER CONSTRUCTION.** All appliances including washer/ dryer. **\$690.** No pets. June lease. TNT Rentals 785-539-0549. **Open house** Tuesdays and Wednesdays 4:00-4:30.

1530 MCCAIN two-bedroom apartment, \$720-\$750. **913 Bluemont** three-bedroom, \$885-\$915. **1012 Fremont** three-bedroom \$1080, and four-bedroom \$1100. Close to campus or Aggieville, no pets. June or August lease **785-539-0866.**

350 N. 16th. Spacious, remodeled **TWO-BEDROOM,** one bath. Close to K-State and Aggieville. Coin operated laundry. **\$750.** **FREE** trash, water, cable TV, and internet (\$150 monthly value). No pets/ smoking. **AUGUST** lease. TNT Rentals **785-539-0549.**

511 BLUEMONT, three-bedroom house apartment with porch and sunroom, **laundry** provided, no pets, **\$960** plus utilities. Available August 1, call **785-313-0462.**

APARTMENTS CLOSE to campus. Central air, one and one-half bath, laundry facility, water paid, no pets. **1838 Anderson,** three-bedroom \$945. **516 N. 14th St.,** three-bedroom \$930. **1225 Ratone,** three-bedroom \$915. **1019 Freeman,** three-bedroom \$855. **519 N. Manhattan,** three-bedroom \$915 and two-bedroom \$710. **785-537-1746** or **785-539-1545.**

APARTMENTS JUST south of Nichols. Two, three, or four-bedroom. \$625 - \$825/ mo. Emerald Property Management **785-587-9000.**

AUGUST PRE-LEASING. Several units close to KSU. **Washer, dryer, and dishwasher** included. www.wilksapts.com. Call or text 785-477-6295.

FOUR-BEDROOMS, two baths, spacious, lounge with wet bar, washer/ dryer, see wildcatvillage.com, August, **\$360** per bedroom includes cable and trash, **785-341-5346.**

FOUR-BEDROOM DUPLEX, two baths, washer/ dryer, central air, water paid. No pets, **906 Vattier St.** \$1200. **785-537-1746** or **785-539-1545.**

MYPRIMEPLACE.COM. NEW one, two, three-bedroom apartments **CLOSE to KSU.** Washer/ dryer, granite, pool. No restrictions on pets. M-F 8:30- 4:30 **785-537-2096.**

110

Rent-Apt. Unfurnished

NEWER, ONE-BEDROOM apartments. Half block to Aggieville; two blocks to KSU. **Quality** built in 2010. Large, open floorplans. Washer/ dryer and all appliances **included.** No pets. **785-313-7473,** email: ksurentals@sbc-global.net.

ONE and two-bedroom apartments. All near K-State and Aggieville. Diverse variety ranging from older, well-maintained to brand new construction. **Competitive prices.** No pets. June and August leases. Call for details, **TNT Rentals 785-539-5508.**

ONE to eight-bedroom homes and apartments. Some with two kitchens. **Next to campus.** No pets. Private parking. **785-537-7050.** www.villafayproperties.com.

ONE, TWO, three, and four-bedroom apartments. Close to campus. **785-539-5800.** www.somersetmgmtco.com.

ONE-BEDROOM APARTMENTS in triplex close to downtown and "North End" shopping. **On-site** laundry and off-street parking. **\$490/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

ONE-BEDROOM APARTMENTS across from natatorium, **919 Denison.** Granite counters and stainless steel appliances. **\$675.** **August** leases, **785-341-0815.** www.fieldhousedev.com

ONE-BEDROOM APARTMENTS. Great Locations. Pet Friendly. Call **ALLIANCE** today. **785-539-2300** www.alliancemhk.com

ONE-BEDROOM APARTMENTS. Across the street from Aggieville/ Campus, 1026 Bluemont. Newly remodeled, granite counters, washer/ dryer, pet friendly. June leases, \$725, 785-236-0161. For pictures go to www.fieldhousedev.com.

ONE-BEDROOM APARTMENTS. Some with vaulted ceilings. **June or August** lease. Only **\$480/ mo.** Emerald Property Management **785-587-9000.**

ONE-BEDROOM townhome. One block to campus. Brand new, granite counters, washer/ dryer, pet friendly, June or August, \$700, 785-313-6209. www.fieldhousedev.com

ONE-BEDROOM, BRAND new, Colbert Hills. Granite counters, stainless steel appliances, 50-inch flat screen TV. June or August, \$775. 785-341-5136. www.fieldhousedev.com/

ONE-BEDROOM APARTMENT in 4-plex close to downtown and shopping. **On-site** laundry and off-site parking. **\$490/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

ONE-BEDROOM BASEMENT apartment only a few blocks from campus. **On-site** laundry. **\$490/ mo** plus electricity. **July** lease. Emerald Property Management **785-587-9000.**

THREE-BEDROOM CONDOMINIUM close to KSU. All appliances included. **Community pool** to enjoy this summer. **\$1,100/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

110

Rent-Apt. Unfurnished

TWO-BEDROOM APARTMENT across the street from campus with on-site laundry. **\$650/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

TWO-BEDROOM APARTMENTS with on-site laundry and only a block from campus. **\$650- \$670, June or August** leases. Emerald Property Management **785-587-9000.**

TWO-BEDROOM APARTMENTS. Great Locations. Pet Friendly. Call **ALLIANCE** today. **785-539-2300** www.alliancemhk.com

TWO-BEDROOM BASEMENT apartment with off-street parking and only half block from KSU. **\$495/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

TWO-BEDROOM, ONE bath, 917 Vattier. Newly remodeled, large bedrooms, washer/ dryer. **August** leases, **\$850.** 785-236-0161. For pictures go to www.fieldhousedev.com.

TWO-BEDROOM, TWO bath, Colbert Hills. Granite counters, stainless steel appliances, 50-inch flat screen TV. Reserved parking one-half block from KSU campus. June or August, \$1100. 785-341-5136. www.fieldhousedev.com

TWO-BEDROOMS, ONE bath. 913 Vattier. Newly remodeled, off-street parking. Washer/ dryer, large bedrooms, \$850. **August** leases, 785-341-0815. For pictures go to www.fieldhousedev.com

World's best landlord seeks world's best tenants. **Three-bedroom,** two bath in refurbished house **709 Bluemont.** **\$780/ month** plus utilities. No smoking/ pets, washer/ dryer. Available **August.** **785-341-5290.**

120

Rent-Houses & Duplexes

1118 RATONE, four-bedroom, two bath house, one block to campus. Washer/ dryer, central air-conditioning, garage, **off-street parking.** Doug 785-313-5573.

2078 COLLEGE VIEW, three-bedrooms, \$1000. Available June 1. We take care of lawn/ trash. Cell 785-313-0455, home 785-776-7706.

912 THURSTON. Four-bedroom. Close to campus, **off-street parking.** Washer, dryer, central air-conditioning. Jeff **785-313-3976.**

2505 WINNE, three-bedrooms, charming ranch. Available June 1. **\$1000.** Cell 785-313-0455, home 785-776-7706.

AVAILABLE JUNE AND AUGUST! Many GREAT options! See our listings at: www.RentCapstone3d.com

BRAND NEW single family home; walking distance to campus. Four-bedroom, three bath. Two living rooms, full basement. Washer/ dryer. No pets. **\$1600/ month.** **August** lease. **785-556-0662.**

120

Rent-Houses & Duplexes

BRAND NEW single family home; walking distance to campus. Four-bedroom, three bath. Two living rooms, full basement. Washer/ dryer. No pets. **\$1600/ month.** **August** lease. **785-556-0662**

CHARMING HOUSE, 1841 Platt, three-bedrooms, rent **\$1050.** June 1. We take care of lawn/ trash. Cell 785-313-0455, home 785-776-7706.

CUTE CAMPUS FOUR TO EIGHT-BEDROOM HOMES. Available June and August. Many GREAT options! See our listings at: www.RentCapstone3D.com

FIVE, SIX, seven, eight bedroom houses. Next to campus. Some with two kitchens. No pets. Washer/ dryer. **785-537-7050.** www.villafayproperties.com.

FIVE-BEDROOM HOUSES. Great Locations. Pet Friendly. Call **ALLIANCE** today. **785-539-2300** www.alliancemhk.com

FOUR AND five-bedroom houses, **two blocks** from campus and Aggieville. June 1st **785-317-7713.**

FOUR BIG BEDROOMS, two and a half bath two story duplex with garage. **All** appliances included. **June or August** lease. **\$1,350/ mo.** Emerald Property Management **785-587-9000.**

FOUR-BEDROOM HOUSES. Great Locations. Pet Friendly. Call **ALLIANCE** today. **785-539-2300** www.alliancemhk.com

FOUR-BEDROOM, TWO and a half bath, two story townhouse with all appliances and **off-street** parking. Only **\$1,125/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

FOUR-BEDROOM, TWO bath house. Two blocks from campus. **Huge** shaded yard with **off-street** parking. **August** lease. **\$1,375/ mo.** Emerald Property Management **785-587-9000.**

FOUR-BEDROOM, TWO bath house with finished attic and garage for storage. Covered **back patio.** Only a few blocks from campus. **\$1,375/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

FOUR-BEDROOM, TWO bath home with all appliances. Across the street from KSU football, basketball and baseball. **August** lease, **\$1195/ mo.** Emerald Property Management **785-587-9000.**

FOUR-BEDROOM, TWO bath townhouse in tri-plex. **\$1,125/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

FOUR-BEDROOM, TWO bath duplex with all appliances, **off-street** parking and half block from campus. **\$1375/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

120

Rent-Houses & Duplexes

ONE-BEDROOM DUPLEX in quiet area just west of campus. **June or July** lease. Only **\$495/ mo.** Emerald Property Management **785-587-9000.**

SIX-BEDROOM HOUSE, 1031 Kearney. June 1, all appliances. Pets ok. Off-street parking, two blocks to campus. **785-317-7713.**

SIX-BEDROOM HOUSES. Great Locations. Pet Friendly. Call **ALLIANCE** today. **785-539-2300** www.alliancemhk.com

THREE, FIVE, and six-bedroom houses. Close to campus. June lease. **785-539-5800.** www.somersetmgmtco.com.

THREE-BEDROOM HOUSES. Great Locations. Pet Friendly. Call **ALLIANCE** today. **785-539-2300** www.alliancemhk.com

THREE-BEDROOM HOME with garage and all appliances. Only four blocks from campus. **August 1. \$1050/ mo.** Emerald Property Management **785-587-9000.**

THREE-BEDROOM HOME. Close to KSU sports complex. **June or August** lease. **\$895/ mo.** Emerald Property Management **785-587-9000.**

THREE-BEDROOM. ONE bath home with full unfinished basement and garage. Right next to campus. **August** lease. **\$1,050/ mo.** Emerald Property Management **785-587-9000.**

THREE-BEDROOM. ONE bath house with full unfinished basement and fenced yard. Shared laundry with basement apartment. **\$1,000/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

THREE-BEDROOM. THREE bath duplex with **walk-in** closets, all appliances included, even washer and dryer. Great floor plan. **August** lease. **\$1,150/ mo.** Emerald Property Management **785-587-9000.**

THREE-BEDROOM. TWO bath house in quiet neighborhood. **All** appliances included. **\$1,150/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

THREE-BEDROOM. TWO bath house with quiet neighborhood. **All** appliances included. **\$1,150/ mo.** **August** lease. Emerald Property Management **785-587-9000.**

THREE-BEDROOM. TWO bath home with garage and shaded yard. **August** lease. **\$1,050/ mo.** Emerald Property Management **785-587-9000.**

TWO-BEDROOM DUPLEX with full unfinished basement. **Half block** from KSU with off-street parking. **\$625/ mo.** June lease. Emerald Property Management **785-587-9000.**

TWO-BEDROOM, ONE and a half bath duplex with all appliances included, even washer and dryer. **\$700/ mo.** June lease. Emerald Property Management **785-587-9000.**

FOUR-BEDROOM, TWO bath duplex only steps from campus with all of the appliances and off-street parking. **June** lease **\$1375/ mo.** Emerald Property Management **785-587-9000.**

110

Rent-Apt. Unfurnished

FOUNDERS HILL Apartments. Now Leasing Fall 2012. Luxury one, two and three-bedroom apartments. Washer/ dryer, pool, hot tub, fitness center, small pet ok. 1401 College Ave, 785-539-4600.

117

Rent-Condos & Townhouses

AVAILABLE JUNE 1, one year lease. Three-bedroom, two and one-half bath, laundry room, two car garage. **\$1,350/ month.** Call or text 785-313-6217.

120

Rent-Houses & Duplexes

AVAILABLE AUGUST, three, four, and five-bedroom houses, close to campus, washer/ dryer, no pets. **785-317-5026.**

CLEAN TWO-BEDROOM house with hardwood floors. Car port. No pets. June lease. **\$675/ month.** **785-556-0662.**

FIVE-BEDROOM HOUSE for June lease, spacious and modern with washer/ dryer, great yard, no pets, Lori 785-313-4812

FOUR-BEDROOM, TWO bath house, close to campus, no pets, available August 1, **\$1300/ month.** **785-410-4291.**

FOUR-BEDROOM, THREE bathroom house across from campus at 1120 N. Manhattan. Available June 1. **\$1500/ month** plus utilities. Call KSU Foundation at 785-532-7569 or 785-532-7541.

JUNE, FOUR-BEDROOMS, three baths. Washer/ dryer hookups. Trash/ lawn care provided. Near campus. No pets/ smoking, newly painted. **785-532-8256.**

SIX-BEDROOM HOUSE, 2054 Hunting Ave. **August** lease, washer/ dryer, walk to campus, pet friendly. **785-317-5265.**

SPACIOUS FIVE-BEDROOM, three bathroom house. Near campus and stadium. Washer/ dryer. Deck. Front and back yard. Two car garage. June 1 lease. **\$1800/ month.** 1424 University Dr. **913-485-5254.**

THREE AND four-bedroom really nice houses west of campus. No pets, smoking, or parties. **\$900-1200.** Klinek Properties on Facebook. **785-776-6318.**

THREE-BEDROOM, TWO bath house, newly remodeled, close to campus, no pets, available June 1, **\$1050/ month.** **785-410-4291.**

TWO-BEDROOM, ONE bath basement apartment, shared common laundry area, close to campus, no pets, **\$495/ month.** **August 1, 785-410-4291.**

TWO-BEDROOM, QUIET west side living, **adjacent to campus,** washer/ dryer, off-street parking, water and trash paid, **\$775/ month.** **785-341-4496.**

WOODWAY APARTMENTS Leasing for Fall 2012. Three and four bedrooms. Close to K-State Football. Pool, on-site laundry, small pets okay. 2420 Greenbriar Dr. Suite A, 785-537-7007.

THE COLLEGIAN cannot verify the financial potential of advertisements in the Employment/ Opportunities classifications. The Collegian urges our readers to contact the Better Business Bureau, 501 SE Jefferson, Topeka, KS 66607-1190. **785-232-0454.**

ARE YOU looking for an incredible experience this summer? **CAMP STARLIGHT,** a sleep-away camp just two and one-half hours from NYC is currently hiring individuals that want to work outside and make a difference in the life of a child. Experience: athletics, water, outdoor adventure or the arts and a fun attitude is required. On campus February 27/ 28, 2012 for interviews. For more info and to apply online www.campstarlight.com or 877-875-3971.

AVAILABLE JUNE 1, one year lease. Three-bedroom, two and one-half bath, laundry room, two car garage. **\$1,350/ month.** Call or text 785-313-6217.

AVAILABLE AUGUST, three, four, and five-bedroom houses, close to campus, washer/ dryer, no pets. **785-317-5026.**

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AVAILABLE AUGUST, three, four, and five-bedroom houses, close to campus, washer/ dryer, no pets. **785-317-5026.**

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MONEY SECTION

Purchasing experiences may give students better value for money

Sam Etsell
contributing writer

Editor's Note: This article was completed as an assignment for a class in the A.Q. Miller School of Journalism and Mass Communications.

Many college students look for a good bargain before spending hard-earned money. Getting the most bang for their buck is often very important to those who are living on a limited income. When looking at how college students spend their excess money, there are two integral categories that spending falls into: material objects and experiences.

According to a 2006 study by O'Donnell & Associates published in the Monthly Labor Review, 40 percent of the money spent by college students

is spent at their own discretion.

Out of that amount, 11.2 percent is spent on purchasing experiences, while the other 28.8 percent is spent on material objects. Even though these statistics illustrate that the majority of money goes toward purchasing objects, many find more value in purchasing experiences.

"Material things are just material. With experiences, you get to do more things and I feel like it stays with you longer," said Melanie Hinzpeter, senior in animal sciences and industry. "I got to go to Europe, and it was expensive, but we got to go to a few cities and see a lot of old history that I would have never gotten to experience with a history book."

When these kinds of opportunities present themselves, college students are more than

willing to take advantage of them. When asked if being in college has made an impact on her ability to have these experiences, Hinzpeter said she realizes that she has a strict budget to work with.

"Yes, I have limited funds and often times the experiences are more expensive than the material things," she said.

According to Katie Haukos, senior in animal sciences and industry, her college years have taught her to prioritize her purchases, many of which include necessary, everyday items.

"Being in college makes me more aware of what I spend my money on," Haukos said. "It makes me realize the things that I am purchasing are objects that I need, as opposed to walking by something and buying it. I have to plan on having money for the objects I need to buy."

When Seth Shaver, sophomore in animal sciences and industry, goes to spend money, he said he would rather spend his extra money on experiences.

"I mainly only spend money on the necessities. Experiences give me better value for my money because they teach you life lessons," Shaver said. "They also give you a chance to achieve your goals. I would say purchasing my own cattle has been worth my money because they are a source of income and also teach me responsibility."

With a source of income in mind, experiences also prove to give students potential when looking at careers.

Dan Kuester, director of undergraduate studies in economics, said that meaningful experiences can lead to a return on investment.

"Studying abroad [is] a ben-

eficial thing that can create an in with an employer and can lead to internship opportunities," Kuester said. "I do think it can really help in an intangible way by giving students that knowledge base and experience base when going in search of a career."

Some students, on the other hand, said they find better value in spending their money on the tangible objects.

"I am not nearly as likely to spend money on an experience," said Stephanie Patterson, senior in anthropology. "I think that typically material objects give you better value for your money."

Patterson said she finds this to be true because objects generally have a longer-lasting affect than an experience.

"You deal with material goods everyday, but an experience

would really have to change or affect me in order for me to feel it was worth the money spent," Patterson said. "I find that there are so many exciting and fun things that I can do for very little money that I will often choose to do that instead of spending more money for an experience."

By taking the time to research activities, college students can find things to do for very little cost. Kuester said there are a variety of ways that students can make smart spending choices.

"Take the time to carefully consider bargain opportunities with travel packages," Kuester said. "That is where you can save a lot. Being generally considerate on how people are spending their money and checking out alternatives for price can result in larger potential savings on the experience side."

HACKED | Profane threats

Continued from page 1

70 percent reduction rate in the number of compromised eID passwords between 2010 and 2011.

The university has also implemented additional firewalls and hired more security staff in the last year to focus on credit card security. He said when a computer has been compromised, K-State blocks access to that computer. It is entirely rebuilt from scratch and properly secured before it is allowed to return to the network.

In addition, there are several things K-State students should do to be proactive and prevent the headache of dealing with a hacked computer.

"Make sure that the software on your computer is patched with the latest security updates," Townsend said. "Apply the update, don't wait. That's a huge part of it. Also, never open an attachment you get in an email that you weren't expecting from someone, and even then be cautious because that's another way that malicious software is spread. Make sure you've got passwords on all of your computer accounts because we've seen a number of break-ins caused by lack of password or a real simple password."

The consequences of a hacked computer are not small. He said typically, the criminal has complete control over the computer. They could potentially delete everything on your computer or likely it

will become part of a Botnet, a network of compromised computers that are used to damage other computers.

As far as the hacked computers in the K-State bowling alley, Townsend said they are transitioning into the investigative stage, trying to pinpoint the hackers and how it initially happened.

"At this point, we assist with trying to identify who did it and making sure the vendor does what they need to do to prevent it from happening again," Townsend said. "The vendor is going to have to rebuild the software and reinstall it, and do it right this time. We're just trying to keep our digital information secure and keep the campus safe in the electronic world."

One Student Union employee said that it was surprising that the computers were hacked, but also expressed confidence in the staff's ability to fix the issue.

"I wasn't there at that point in time, but it's obviously a problem if someone's able to do that," the employee said. "I'm sure they'll get the bugs worked out really soon, especially after that event."

The employee said a new system sometimes causes difficulties, but reiterated that it won't be a problem in the future.

"It's just a new system and we're all getting used to it and having to deal with new things," the employee said. "I'm sure this wasn't on the list, but they'll get it worked out."

MONEY SECTION

Investments more lucrative than savings

Alex Ondracek
staff writer

People are often told from a young age that it is vital to save money and create a personal budget. In the state of the current economy, however, investing money into stocks, bonds and other various forms of securities may prove to be a wiser course of action than letting money sit in a savings account.

Banks are currently offering relatively low interest rates and at a time when inflation is at moderate levels, those looking to invest may find favorable market conditions.

Nancy Goodall, senior vice president and trust officer for CoreFirst Bank & Trust in Topeka, said that right now is a golden opportunity that college students need to seize and take advantage of the opportunities that the stock market presents.

"With the economy starting to truly recover and stock prices low, students should start looking into the stock market to set up a plan, even a retirement plan," Goodall added. "It may sound early but you wouldn't believe how quickly retirement comes up."

Getting started is often the hardest part, Goodall said. She said it can also be the part that requires the most effort, and there are several tips she told students to keep in mind when handling stocks.

"Just take a percentage of every paycheck and save it for stocks," Goodall said. "Go out with that money and find a local broker with a good track record to handle your stocks. Continue to give a percentage of your pay-

checks and reinvest your dividends."

Goodall also advised students not to panic if stocks they purchase don't start off doing well.

"Stocks may crash, but don't sell at the low point. Stocks are cyclical and they will always go back up"

According to a 2011 article in The Huffington Post, the percentage of people who own stock in America is at 54 percent.

Although this number is at an all-time low, Goodall said that many people still rely on investments to build wealth and plan for retirement.

"If you invested \$10,000 at the age of 20, given your portfolio experiences average growth, when the time comes around for you to retire, that \$10,000 will have grown to be about \$600,000," Goodall said.

Scott Hendrix, professor in finance, agreed with Goodall and said the sooner students invest, the better off they are.

"Just saving money is a pretty bad idea," Hendrix said. "Invest immediately, look for tax friendly options and take acceptable levels of risk."

Hendrix stressed the importance for students to balance levels of risks by finding the right kinds of accounts and investments that are usually student-friendly.

"Index and mutual funds are the best way for students to invest," Hendrix said. "They pool your money with a lot of other people's, and then buy a wide variety of different stocks to provide a safety net in case one fails. They almost always and consistently bring in a profit"

Another good way to invest

is through bonds, Hendrix said. Bonds are methods that various institutions use in order to borrow money. Bondholders, in essence, hold the institutions' debt and when a company makes a profit, they will first pay off loans before paying the stockholders.

"Bonds are less risky than

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Nancy Goodall
senior vice president and trust officer, CoreFirst Bank & Trust, Topeka

start investing money until the age of 30.

"However, if you were to hold off starting to invest until you were 30 and followed the same plan of action, by the time you were 65, in this scenario you will have only made \$270,000," Hendrix said. "Either way you have made a profit off of your \$10,000, but one number is much larger than the other."

Although investing may be a good way to make money grow, saving money may be a good option for those who do not like the idea of taking the risks of the stock market. The stock market is often seen as a roller coaster, and some people just are not up for the ride.

"I believe students should save their money; investing is too risky," said Tim Costello, freshman in marketing and entrepreneurship. "Yes, while you may lose a little value in the money you have to inflation, you could lose a lot more of it to the stock market."

Costello offered a variety of tips on how to save money, and said that students need to first have money in order to save.

"Students can save money by shopping at thrift stores, buying the off-brand offered by the store and extreme couponing," Costello said. "I have found that coupons can save me literally hundreds of dollars a year when I look hard enough online for a coupon."

Saving money and investing money both have their pros and cons. Some people are looking to make money, even if it involves minimal risk, while others are more focused on keeping the money they have earned.



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